

# Peter Speciale's High Kick Tae Kwon Do

## Class Schedule also check @ [www.highkicktkd.com](http://www.highkicktkd.com)

\* Subject to change

### Monday:

4:15 – 5:00pm (Youth: Brown + )  
5:00 – 5:45pm (Youth: Sparring)  
5:45 – 6:30pm (Youth: Y – H O )  
6:30 – 7:15pm ( Youth:G – H P )  
7:15 – 8:15pm (All Belts Adult)

### Tuesday:

3:30 – 4:00pm (Lil' Dragons: White Belts)  
4:15 – 5:00pm (Youth: G – H P )  
5:00 – 5:45pm (Youth: White Belts)  
5:45 – 6:30pm (Youth: Y – H O )  
6:30 – 7:15pm (Youth: Brown + )  
7:15 – 8:15pm (Adult: All Belts)

### Wednesday:

4:15 – 5:00pm ( Youth: Y – H O )  
5:00 – 5:45pm (Youth: Brown + )  
5:45 – 6:30pm (Youth: Sparring)  
6:30 – 7:15pm (Youth: G – H P )  
7:15 – 8:00pm (Adult: Color Belts)  
8:00 – 9:00pm (Adult: Sparring)

### Thursday:

3:30 – 4:00pm (Lil' Dragons: White Belts)  
4:15 – 5:00pm (Youth: G – H P )  
5:00 – 5:45pm (Youth: White Belts)  
5:45 – 6:30pm (Youth: Y – H O )  
6:30 – 7:15pm (Youth: Brown + )  
7:15 – 8:15pm (Adult: All Belts)

### Saturday:

9:30 – 10:30am (Black Belts)  
10:30 – 11:15pm (Youth: Color Belts)  
11:15 – 12:00pm (Adult: All Belts)  
12:00 – 12:45pm (Youth: White Belts)

#### Age Groups:

##### Lil Dragons:

3-4 Yrs Old

##### Youth:

5-12 Yrs Old

##### Adult:

13 Yrs Old +

#### Beginner:

Yellow belts –  
High Orange

#### Intermediate:

Green Belts –  
High Purple

#### Advanced:

Brown Belts –  
Black Belts

Please read the monthly news letter for special dates of promotions, special classes, seminars, and canceled classes.

**White Belts** are expected to attend (2) classes per week. \*

**Yellow Belts – High Green Belts** are expected to attend (2) regular classes, & (1) Sparring class per week. \*  
Unless otherwise permitted. \* All missed classes may be made up the following week.

**Students are expected to:** 1) arrive 10 minutes early. 2) If late, wait to be permitted into class. 3) Wear a clean and neat uniform. 4) Quietly prepare for class. 5) Follow school rules and regulations at all times. 6) Be positive examples in our community!